



ST. ANN'S COLLEGE FOR WOMEN

(Affiliated to Acharya Nagarjuna University,
Recognized Under Section 2(f) of UGC Act 1956-New Delhi)

Amaravathi Road, Gorantla, Guntur – 522034 (A.P)

Email: st_anns_coll@yahoo.co.in Website: www.stannscollegeforwomen.org

DEPARTMENT OF PHYSICAL EDUCATION

CIRCULAR

Date:02-09-2022.

The Department of Physical Education is going to conduct a Training Programme on, **Volley Ball**. All the students are advised to attend the Training Programme on 06-09-2022.



Dr. S. K. Srinivas

PRINCIPAL
Principal
St. Ann's College for Women
GORANTLA, GUNTUR-522 034



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DEPARTMENT OF PHYSICAL EDUCATION

Class/Year : UG & PG Students
Name of the Activity : “Volley Ball”
Date : 06-09-2022

Activity Objectives:

- Sports and Games Enhance Social Relationships.
- Games make students emotionally strong.
- Students have a great career in Sports.
- Sports are Directly Proportional to Health.
- Sports Eliminates Stress.
- Develop Leadership Skills.
- Learn to perform better and achieve success In their Life.
- To impart effective practical knowledge and skills in Sports and Games.
- To improve the mental and physical and fitness of the students through Sports and Games activities leads to growing young population of the world, a healthier personality and social well being.

Report:

The planning and execution of Sports and Games has been done under the effective leadership guidance and wise counselling of Principal Rev Dr. Sr. Fatima Rani. P, to bring out of the importance of Physical Fitness, students are actively participated in Volley Ball Tournament Scheduled from 06-09-2022 to 06-12-2022.

Students participated in various Games and Sports activities, Inter Collegiate and University level competitions.



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Volley Ball Game Training Program



Training Class conducted by Hindu College PD Naga Raju



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